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6 Tips to have an Exceptional First Year at University

Written by [Haneen Kanaan](#)

Is this your **first year at the university**? Do you feel afraid and nervous? Or excited and happy? You've probably heard lots of myths and legends about university life. Now is the time to experience it for yourself and create your own story. You may have some mixed feelings. But do not worry! Those feelings are temporary. We have put together 6 tips to help you during the first weeks of university. Following these tips can help you **to have an exceptional first year at university**.

1. Take a Campus Tour

With the beginning of the semester, you might feel intimidated by the University's large spaces and huge buildings. It's definitely different from school! So try to tour

the **university's campus** before you start your official timetable so that you can be familiar with classes, buildings, and other University places and not feel lost.

2. Don't Miss the First Day!

A lot of students believe that the first days of University classes will be boring. They're wrong! The first days of classes will give you a useful preview of what you will study in the following days and months.

Also, it allows you to meet people who may share the same interests as you. Do not miss these first few days, especially the **first day**, so you do not feel isolated or get lost on the campus later.

3. Organize Your Time

Organize your time by creating a study schedule so you can decide when to study and when to schedule other activities. **Time management** is key to achieving your study goals and success. Organizing and planning your studies properly can save you a lot of time and problems in the future. Follow this method from the beginning of your first year at University and you'll see how you'll get used to **organizing your time** over the years to come.

4. Be Close to Your Teachers

Each teacher has his own style of teaching and explaining ideas and concepts. You may find it a little challenging to deal with some teachers in the beginning, but with time you will adapt to the particular style of each teacher. Do not be afraid to ask questions or ask for additional explanation if you do not understand a point. Be nice, respectful and **close to your teachers**.

5. Take Part in Extracurricular Recreational Activities

Don't let your University life be boring! There is more to University life than exams and studying. Participating in student activities, attending events, seminars, etc allows you to become part of the student community at University., You will definitely find something that interests you and fits your interests. Getting involved in University **activities** is always a good opportunity to meet new people. The University is much more than just classrooms and exams, the University is a diverse environment that offers you all so many possibilities and opportunities for personal and academic development.

6. Make Friends, Create Strong Social Ties

You may think you are the only one who feels alone on your first day of University, but many new students will also feel the same. Why not use the opportunity to make new friends? You may find that you have similar interests or perhaps not. Engaging with others enhances the learning experience and gives flavor to University life.

Do not forget that you have to get enough sleep to wake up ready every day for a new adventure. Be sure to [eat healthy food, especially during the examination period.](#)

Follow these six tips and prepare yourself mentally and physically for starting **your first year at the university**, one that is full of adventure, enthusiasm and exciting new experiences.

[Blog Link](#)