



Oct 08, 2014

A Workshop Entitled "How to Self-develop"

The Deanship of Students Affairs at Al Ain University in Abu Dhabi organized a workshop under the heading "How to Self-develop", presented by Ms. Saira Mohammed, a staff member in the College of Business Administration. Ms. Saira introduced to the students the concept of self-development in a technological and an organized way, and how to specify goals and reach determinations.

The workshop included also the personal skills, leadership, motivation, communication sciences, body language, defining goals and visual sensation, thinking skills, personality types, personal behaviors, social accomplishments, personality tests, personal qualities, in increase to various activities in different procedures and case studies that will be useful for scholarly people to motivate and push them to improve their skills.

[Press Release Link](#)