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## Doctor Nutrition Offers Advice to AAU Students

The Deanship of Students Affairs, based in Al Ain, organized an introductory talk on obesity and its risks associated with unhealthy eating habits and deficiency of physical action. Doctor Nutrition's representative explained some medical conditions and nutrition tips as well as a thoroughgoing scrutiny of the participants to see the level of obesity and ideal weight and body fat percentage through a special device that gives the full details on the body mass and the amount of water and minerals, ideal weight and quantity desired weight loss. The representative provided the participants a discount of 50% of food programs.

On this occasion, Dr. Enas Abu Libdeh, Dean of Students Affairs, said that the establishment of a free medical day is part of the university activities with the aim of spreading health awareness among students. The Dean thanked Doctor Nutrition Center, which offered advice for students looking at this bill as a positive cooperation that will provide integrated medical services for university students, which would contribute to raising health awareness in the students and build use of the consultancy to them and their permanent health.

[Press Release Link](#)