



Nov 11, 2014

The Balance Between Reason and Emotion

The Deanship of Students Affairs at the Al Ain University of Science and Technology, Abu Dhabi-based, organized an educational lecture entitled "The Balance Between Reason and Emotion" by Dr. Joseph Girgis, a psychiatric consultant at the Al Noor hospital, in the presence of members of the academic and administrative bodies and a routine of university scholars.

The purpose of the lecture is to bring out to the scholars the concept of self-control and how to organize human emotions by explaining the constraints and the causal agents that contribute to the inability to exercise control as discussed. The psychiatrist also spoke of how to overcome these difficulties and obstacles and how to increase the power to control the anger and adjustment with the affairs of spirit.

[Press Release Link](#)