



Feb 22, 2018

AAU discuss “Weight Loss by Herbs”

The College of Pharmacy at Al Ain University of Science and Technology, Al Ain Campus, organized an awareness lecture entitled "Herbal and Prescription Weight loss Products, Use and misuse", was presented by Dr. Areeg Anwer Ali, Associate Professor, RAK Medical and Health Sciences University, under the supervision of Dr. Amira Shaban, and in the presence of Dr. Khairi Mustafa, Dean of the College of Pharmacy, academic staff and students.

The lecture was about the role of herbs and their importance in weight loss, such as; ginger, turmeric, cinnamon and soybeans, and it briefly described weight loss herbal product's use and misuse to promote students' awareness about these drugs Myths and realities.

The lecture aims to promote awareness of the benefits of herbs that help to lose weight or cure some diseases scientifically without causing any harm to humans.

[Press Release Link](#)